EDU 03 - SCHOOL ORGANIZATION

Contact Hours: 50 (Instruction) Maximum Marks: 50 (External: 40, Internal: 10)

Course Learning Outcomes

On the successful completion of the course the learner will be able to,

- 1. Summarize the significance of educational management and organization in schools
- 2. Check appropriateness of criteria for teacher appraisal
- 3. Discuss the importance of maintaining essential records in schools
- 4. Monitor adequacy of infrastructure in a school
- 5. Design time tables
- 6. Organize programmes that bridges the gap between school and community with active community participation
- 7. Identify relevance of physical and health education in schools
- 8. Ascertain motives for physically fit life
- 9. Deconstruct the biases regarding first aid for injuries commonly found in schools
- 10. Abstract few Asanas in Yoga and their benefits

COURSE CONTENT

Unit I

Educational management

- Concept Need, scope and functions of management Characteristics of democratic institutional climate
- Organisational process in school HM/Principal as a leader Duties and responsibilities of HM
- Performance Appraisal meaning and importance performance appraisal of Teachers.
- Importance of essential records Admission Register Attendance Register for Staff & students Stock Registers Acquittance. Teaching Manual Student Profile Cumulative Record Service Book

Unit II

Institutional planning

- Institutional Planning Meaning and Importance School Management Committee (SMC)
- School Development Plan Functions of staff council and student council.
- Timetable Types and Principles of timetable construction.
- Total Quality Management (TQM) Concept and Scope.

Unit III

Organizing physical and health education activities at schools

- Concept of physical education ,meaning and definition, aims and objectives, needs and importance
- Concept of health, aim and objectives of health education and health instruction in schools, importance of health education in teacher education programme, physical fitness and wellness, Types and components of physical fitness, physical fitness tests based on components
- Physical activity and exercise, Exercise and safe heart rate
- Hypo kinetic diseases and its management -Obesity, diabetes, hypertension, osteoporosis, coronary heart disease, back pain

• Importance of good posture, common postural deformities.

Unit IV

First aid, nutrition and yoga education in schools

- Food and nutrition: Nutritional balance, Caloric values , caloric requirements and energy expenditure
- Principles of first aid, CPR, first aid and emergency care in various situations- Electric shock, burns, drowning, accident, poisoning, heart attack and epilepsy
- First aid for Common injuries: head injuries , different wounds, sprain ,strain ,dislocation and fractures
- YOGA education-Meaning and definition ,history and types of yoga, benefits of yoga, general guidelines for yogic practices and misconceptions about yoga, ,importance of asanas and pranayamas, yoga and stress management

TASK AND ASSIGNMENTS (Any one)

- 1. Prepare a questionnaire for HMs for collecting data regarding his/her difficulties in performing duties and responsibilities
- 2. Prepare a sample master time table for secondary school
- 3. Assessment of Health related physical fitness (Any two variables)

REFERENCES

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- o Bhatnagar, S.S., & Gupta, P.K. (2006). Educational Management. Meerut: Lall Book Dept.
- o Buch, M.B, Institutional Planning for Educational Improvement and Development,
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- o Chaudhary, N.R. (2001). Managements in education. New Delhi: APH.
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